| Sl.<br>No | Name of the activity   | Organising unit/ agency/<br>collaborating agency   | Name of the scheme            | Year of the activity | Date(s) of activity |
|-----------|--|--|-------------------------------|----------------------|---------------------|
| 1.        | Blood Donation Drive at Deva Matha<br>College Kuravilanagad                        | NCC Unit, Pala Bloof Forum & JCI<br>Kuravilangad   | Social Responsibility         | 2020                 | 15-05-2020          |
| 2.        | Mass Production and Distribution of Masks  | NCC Unit & Anugraha Charitable Trust   | Social Responsibility         | 2020                 | 15-04-2020          |
| 3.        | Kuravilangad Ayurveda Dispensary<br>Cleaning                                       | NCC Unit of Deva Matha College<br>Kuravilangad   | Swachh Bharat<br>Pakhwada     | 2019                 | 28-09-2019          |
| 4.        | Taluk Hospital Cleaning  | NCC Unit of Deva Matha College<br>Kuravilangad   | Swachh Bharat<br>Pakhwada     | 2019                 | 28-09-2019          |
| 5.        | St. Mary's Boys LP School Cleaning   | NCC Unit of Deva Matha College<br>Kuravilangad   | Swachh Bharat<br>Pakhwada     | 2019                 | 28-09-2019          |
| 6.        | Flag Hoisting at the Campus  | NCC Unit of Deva Matha College<br>Kuravilangad   | Independnace Day Celebrations | 2019                 | 15-08-2019          |
| 7.        | Relief Materials Collection and<br>Distribution for People Suffering from<br>Flood | NCC unit of Deva Matha College in association with Anugraha Charitable Trust   | Social Responsibility         | 2019                 | 13-08-2019          |
| 8.        | Reconstruction of a House  | NCC unit of Deva Matha College in<br>association with Anugraha Charitable<br>Society and Muthiyamma Sannada<br>Sevakar | Social Responsibility         | 2019                 | 28-07-2019          |
| 9.        | Medical Camp for Public  | NCC unit of Deva Matha College in association with Janamaithri Police, Kuravilangad                                    | Social Responsibility         | 2019                 | 20-07-2019          |

Principal Deva Matha College Kuravilangad - 686 633

| Sl.<br>No | Name of the activity   | Organising unit/ agency/<br>collaborating agency  | Name of the scheme                    | Year of the activity | Date(s) of activity |
|-----------|--|---|---------------------------------------|----------------------|---------------------|
| 10.       | Blood Donation Camp at Deva Matha<br>College   | NCC Unit of Deva Matha College<br>Kuravilangad in association with Pala<br>Blood Forum  | Social Responsibility                 | 2019                 | 08-07-2019          |
| 11.       | Population Awareness Rally   | NCC Unit of Deva Matha College<br>Kuravilangad  | Social Responsibility                 | 2019                 | 08-07-2019          |
| 12.       | Drug Abuse Awareness Seminar   | NCC unit of Deva Matha College in association with the Anti-narcotics club & Kuravilangad Range Excise  Department                          | Anti-Narcotics Day<br>Celebrations    | 2019                 | 01-07-2019          |
| 13.       | Yoga Practice at the College   | NCC Unit of Deva Matha College<br>Kuravilangad  | International Yoga Day                | 2019                 | 21-06-2019          |
| 14.       | Blood Donation Camp at Pala Town<br>Hall   | NCC Unit of Deva Matha College<br>Kuravilangad in association with Pala<br>Blood Forum and Health Department                                | World Blood Donation Day Celebrations | 2019                 | 14-06-2019          |
| 15.       | E-Waste Collection Campaign in adopted village - 340 kg of e-waste collected           | NSS Unit in association with local self government of Kuravilangad  | Green Initiatives                     | 2020                 | 07-02-2020          |
| 16.       | Three Day Camp for First Year NSS<br>Volunteers- Unarvu 2020                           | NSS Unit of Deva Matha College<br>Kuravilangad  | Awareness Programme                   | 2020                 | 07-02-2020          |
| 17.       | Green Protocol Zone maintenance at Kuravilangad Pallikkavala during Moonunoyambu feast | NSS unit of Deva Matha College in<br>association with the Green Mission<br>office of Kottayam district & Grama<br>Panchayat of Kuravilangad | Green Initiatives                     | 2020                 | 04-02-2020          |

Amid lathew-

Principal Deva Matha College Kuravilangad - 686 633

| Sl.<br>No | Name of the activity  | Organising unit/ agency/<br>collaborating agency  | Name of the scheme                                 | Year of the activity | Date(s) of activity |
|-----------|---|---|--|----------------------|---------------------|
| 18.       | Workshop on Making Eco-friendly<br>Products from Waste Materials                                    | NSS Unit of Deva Matha College<br>Kuravilangad NSS unit of St. Marys<br>College Manarcadu         | Green Initiatives                                  | 2020                 | 18-01-2020          |
| 19.       | Theenmela 2020 - Green Protocol<br>Food festival  | NSS Unit of Deva Matha College<br>Kuravilangad  | Youth Day Celebrations                             | 2019                 | 14-01-2020          |
| 20.       | River cleaning initiative – Ini Njan<br>Ozhukatte - cleaning the heavily<br>littered 'valiya thodu' | NSS Unit of Deva Matha College<br>Kuravilangad  | Cleaning Initiative<br>named Ini Njan<br>Ozhukatte | 2019                 | 30-12-2019          |
| 21.       | Neighbourhood Youth Parliament<br>Session for NSS Volunteers  | NSS unit of Deva Matha College,<br>Kuravilangad in association with<br>Nehru Yuva Kendra Kottayam | National Integration                               | 2019                 | 05-10-2019          |
| 22.       | Golden Jubilee Celebrations of NSS  | NSS Unit of Deva Matha College<br>Kuravilangad  | Golden Jubilee Year of the establishment of NSS    | 2019                 | 24-09-2019          |
| 23.       | E-waste collection drive - 200 kg was handed over for proper disposal                               | NSS Unit of Deva Matha College<br>Kuravilangad  | Social Responsibility                              | 2019                 | 22-08-2019          |
| 24.       | Cleaning drive at Government Hospital   | NSS Unit of Deva Matha College<br>Kuravilangad  | Swatchata Week                                     | 2019                 | 15-08-2019          |
| 25.       | Seven Day special camp at Govt.<br>Higher Secondary School, Kadappoor                               | NSS Unit of Deva Matha College<br>Kuravilangad  | Holistic Development of students                   | 2019                 | 06-08-2019          |
| 26.       | Screening of documentary on perils of atomic warfare  | NSS Unit of Deva Matha College<br>Kuravilangad  | Hiroshima Day                                      | 2019                 | 06-08-2019          |
| 27.       | Plastic waste collection Drive  | NSS Unit of Deva Matha College<br>Kuravilangad  | Social Responsibility                              | 2019                 | 04-08-2019          |

Principal

| Sl.<br>No | Name of the activity  | Organising unit/ agency/<br>collaborating agency  | Name of the scheme                     | Year of the activity | Date(s) of activity |
|-----------|---|---|--|----------------------|---------------------|
| 28.       | Library cleaning  | NSS Unit of Deva Matha College<br>Kuravilangad  | Swatchata Pakhwada                     | 2019                 | 02-08-2019          |
| 29.       | Three-level massive cleanliness programme - Interiors of the institution, the campus and a selected government institution in the adopted village | NSS Unit of Deva Matha College<br>Kuravilangad  | Swatchata Pakhwada                     | 2019                 | 01-08-2019          |
| 30.       | Gandhiji@150 - Planted 150 trees on campus to observe the 150th birth anniversary of Gandhiji   | NSS Unit of Deva Matha College<br>Kuravilangad  | Observance of Van<br>Mahotsav week     | 2019                 | 09-07-2019          |
| 31.       | Anti-Narcotics Awareness class and screening of short film  | NSS unit of Deva Matha College in association with the Excise Department of Kuravilangad division & Antinarcotics club of the College | Awareness Programme                    | 2019                 | 26-06-2019          |
| 32.       | Mass Yoga Demonstration at the College  | NSS unit of Deva Matha College association with Yoga Club   | International Yoga Day<br>Celebrations | 2019                 | 21-06-2019          |
| 33.       | Observance of World Environment Day by planting medicinal trees on campus   | NSS Unit of Deva Matha College<br>Kuravilangad  | World Environmental Day Celebrations   | 2019                 | 05-06-2019          |
| 34.       | Online Skill Test   | Women's Forum   | Skill Training                         | 2020                 | 24-05-2020          |
| 35.       | A big salute to Covid Volunteers:<br>Acknowledging Covid Front line<br>workers  | Women's Forum   | Social Responsibility                  | 2020                 | 23-05-2020          |



Principal
Deva Matha College
Kuravilangad - 686 633

| Sl.<br>No | Name of the activity  | Organising unit/ agency/<br>collaborating agency                             | Name of the scheme         | Year of the activity | Date(s) of activity |
|-----------|---|--|----------------------------|----------------------|---------------------|
| 36.       | Women's Day Celebration: Prize distribution                         | Women's Forum  | Women's Day<br>Celebration | 2020                 | 07-03-2020          |
| 37.       | Card-Making Competition on Gender Equity                            | Women's Forum  | Gender Sensitization       | 2020                 | 04-03-2020          |
| 38.       | Hand Embroidery and Fabric Painting<br>Course                       | Women's Forum in association with United Fabric Design Studio Koothattukulam | Skill Training             | 2020                 | 01-02-2020          |
| 39.       | Legal Awareness Programme   | Women's Forum in association with Anti-Harassment Cell                       | Awareness Programme        | 2020                 | 15-01-2020          |
| 40.       | Watching the annual solar eclipse and doing away with superstitions | Department of Physics in association with KSSTM                              | Public Awareness           | 2019                 | 26-12-2019          |



Principal Deva Matha College Kuravilangad - 686 633

# National Cadet Corps (NCC) Report 2019-20



# 2/17, KERALA Bn. NCC Deva Matha College Kuravilangad

**Company Commander Capt. Sathees Thomas** 





| Sl. No | List of Activities   |
|--------|--|
| 1.     | Blood Donation Drive at Deva Matha College Kuravilanagad                     |
| 2.     | Mass Production and Distribution of Masks                                    |
| 3.     | Kuravilangad Ayurveda Dispensary Cleaning                                    |
| 4.     | Taluk Hospital Cleaning  |
| 5.     | St. Mary's Boys LP School Cleaning   |
| 6.     | Flag Hoisting at the Campus  |
| 7.     | Relief Materials Collection and Distribution for People Suffering from Flood |
| 8.     | Reconstruction of a House  |
| 9.     | Medical Camp for Public  |
| 10.    | Blood Donation Camp at Deva Matha College                                    |
| 11.    | Population Awareness Rally   |
| 12.    | Drug Abuse Awareness Seminar   |
| 13.    | Yoga Practice at the College   |
| 14.    | Blood Donation Camp at Pala Town Hall  |



Capt. Sathees Thomas Company Commander 2/17, Kerala En. NCC Deva Matha College Kuravilangad, Kerala

#### Blood Donation Drive at Deva Matha College Kuravilanagad

Academic year : 2019-20

Date(s) on which program was conducted : 15-05-2020

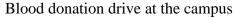
Organizing / Collaborating agency : NCC Unit, Pala Bloof Forum & JCI Kuravilangad

The number of students participated in the program : 25

#### **Brief Report**

On 15/05/2020, the NCC unit of Deva Matha College Kuravilangad cooperated with the Pala Blood Forum, Kuravilangad JCI, KSRTC employees and Auto Drivers conducted a blood donation camp inside the Lions Centennial SHMC Blood Mobile. Kuravilangad S.H.O inaugurated the blood donation camp, K.J Thomas in the presence of the Commanding officer, 17 Kerala Battalion NCC Pala, Col. Jose Kurian, Pala Blood Forum General Convener, Shibu Thekkemattom, Deva Matha College NCC Officer Capt. Sathees Thomas, Kuravilangad JCI President, Dr Ajo Joseph, College Bursar, Fr. Kuriakose Vellachalil, Pala Blood Forum Director, Rajesh Kurianad and Senior Cadets, George Saju, Jomin Joseph, Ajil Christy Babu. A total of 50 people donated blood, including Deva Matha College NCC Cadets, auto drivers and workers. 30 cadets and an officer participated in this programme, and 25 cadets donated blood.







Capt. Sathees Thomas
Company Commander
2/17, Kerala Bn. NCC
Deva Matha College
Kuravilangad, Kerala

#### **Mass Production and Distribution of Masks**

Academic year : 2019-20

Date(s) on which program was conducted : 15-04-2020 to 04-05-2020

Organizing / Collaborating agency : NCC Unit & Anugraha Charitable Trust

The number of students participated in the program

#### **Brief Report**

The NCC unit of Deva Matha College Kuravilangad planned and executed the mass production and distribution of masks to curb the spreading pandemic. It was a concerted effort of NCC cadets, the parentteachers association (PTA), college staff, and the Anugraha Charitable Trust. The objective was to sew 50,000 masks and distribute them to the general population via official channels. The programme had three phases. 50 cadets who had a sewing machine at home helped with the effort to make masks.





#### Phase I: First phase masks to Health Sectors of Kuravilangad.

The masks were distributed to the Kuravilangad Police Station, Taluk Hospital Kuravilangad, Panchayat of Kuravilangad, Excise Department and Revenue Department of Kuravilangad and Marangattupilly Police Station. The distribution drive was inaugurated by Col. Jose Kurian, Commanding Officer of 17 Kerala Battalion - NCC Pala and Pala Diocese Vicar General Fr. Joseph Maleparambil. Capt Sathees Thomas coordinates the distribution drive. Distribution started on 15/4/20





Mask distribution at Kuravilangad region

Phase II: Distribution of Masks at Houses of Kuravilangad, Kadaplamattom Panchayats & Govt. Offices

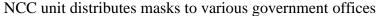




Masks distribution at Kadaplamattom Gramapanchayat

The NCC unit of Deva Matha College also distributed masks to various government offices in the Kottayam district. Capt. Sathees Thomas and Senior Superintendent, Mr. Siby Abraham Issac led the mask distribution drive.







Masks were distributed at the houses in six wards (Ward No. 1, 2, 3, 4, 5, 6 & 14) of Kuravilangad Gramapanchayat. 2000 masks were distributed in each ward. Masks distributions were from 18/4/20 - 24/4/20.



Inauguration of masks distribution at Kuravilangad Gramapanchyat



NCC cadets distributing masks





NCC cadets at the doorstep to distribute masks



### Phase III: Mask Distribution to the Hotspots in Karnataka, Gujarat, Maharashtra, Tamil Nadu, Telangana, Goa & Andra Pradesh

Masks were sent for distribution at hotspots in Karnataka, Gujarat, Maharashtra, Tamil Nadu, Telangana, Goa & Andra Pradesh from 22/4/20 to 29/4/20. 3000 masks were sent to each state.



NCC Cadets pack the masks to send to other states



Masks were also distributed to an old age home (Marian Sainiyam) on 4/5/20. 100 masks were distributed over there.



NCC cadets at the old age home to hand out masks





#### **Kuravilangad Ayurveda Dispensary Cleaning**

Academic year : 2019 - 2020

Date(s) on which program conducted : 28 September 2019

Organizing Unit : NCC unit of Deva Matha College

Number of teachers coordinated the programme : 1

The number of students participated in the program: 45

#### **Brief Report**

28 September 2019 was a great day for the NCC unit of Kuravilangad Deva Matha College. As a part of Swachh Bharat Pakhwada, around 100 cadets participated in a cleaning program at Kuravilangad Ayurveda Dispensary. Cadets took this opportunity as their duty and responsibility to serve society. The collective effort of Capt. Sathees Thomas and the cadets helped to give the whole hospital premises a perfect outlook.



Serve the society - NCC cadets participated in a cleanliness programme held at Kuravilangad Ayurveda Dispensary as part of Swachh Bharat Pakhwada.



Capt. Sathees Thomas Company Commander 2/17, Kerala Bn. NCC Deva Matha College Kuravilangad, Kerala

#### **Taluk Hospital Cleaning**

Academic year : 2019 - 2020

Date(s) on which program conducted : 28 September 2019

Organizing unit : NCC unit of Deva Matha College

Number of teachers coordinated the program : 1

Number of students participated in the program : 100

#### A brief report on program

28<sup>th</sup> September 2019 was a splendid day for Deva Matha college Kuravilangad NCC unit. As a part of swachh bharat pakhwada, the cadets of Devamatha college got a privilege to service society by cleaning the government Taluk hospital Kuravilangad. Around 100 Cadets reached college by 9:00am and according to the instructions made by our ANO Capt. Sathees Thomas, cadets reached govt taluk hospital and cleaned the surroundings and premises. The health council members of taluk hospital gave the necessary informations and precautions. They gave us support by being with us during the work.



Cleaning the government Taluk hospital Kuravilangad as part of Swachh Bharat Pakhwada.



Capt. Sathees Thomas Company Commander 2/17, Kerala Bn. NGC Deva Matha College Kuravilangad, Kerala

#### St. Mary's Boys LP School Cleaning

Academic year : 2019 - 2020

Date(s) on which programme conducted : 28 September 2019

Organizing unit : NCC unit of Deva Matha College

Number of teachers coordinated the programme : 1

Number of students participated in the programme : 25

#### **Brief Report**

28 September 2019 was a remarkable day for the Deva Matha College Kuravilangad NCC unit. As a part of swachh bharat pakhwada, cadets of Deva Matha College Kuravilangad participated in a cleaning program. Under the leadership of Capt. Sathees Thomas cleaning program was conducted at St Mary's boys LP school Kuravilagad. The program dealt with the cleaning of the school campus. The land was cleared by cutting the weeds, and filling the pits with soil to level the land.



Cleaning of school campus as part of Swachh Bharat Pakhwada.





#### Flag Hoisting at the Campus

Academic year : 2019 - 2020

Date(s) on which program conducted : 15 August 2019

Collaborating agency inside or outside the institute : NCC unit of Deva Matha College

Number of teachers coordinated the programme : 1

The number of students participated in the programme : 70

#### **Brief Report**

The NCC unit of Deva Matha college Kuravilangad commemorated our 73<sup>rd</sup> Independence Day. For every Indian, whether at home or anywhere else in the world, August 15 is sacred. At 9:30 am vice principal, Rev. Fr. Dinoy Kavalammackal unfurled our national flag in the presence of Lt Sathees Thomas. Around 70 Cadets were present in the occasion with great joy and enthusiasm. We saluted the flag and sang our national anthem and NCC song with pleasure. In his felicitation, Fr. Dinoy Kavalammackal reminded the Cadets that, our tricolour is a symbol of our national pride. It is a constant reminder of our striving and our self-belief. He added that, it is a day to look back with satisfaction and gratitude for what we have been able to achieve due to the efforts of successive generations of our elders.



Vice Principal Rev. Fr. Dinoy Kavalammakal hoisted the national flag.



Capt. Sathees Thomas Company Commander 2/17, Kerala Bn. NCC Deva Matha College Kuravilangad, Kerala



Vice principal Rev. Fr. Dinoy Kavalammackal takes the salute.



Capt. Sathees Thomas Company Commander 2/17, Kerala Bn. NCC Deva Matha College Kuravilangad, Kerala

#### Relief Materials Collection and Distribution for People Suffering from Flood

Academic year : 2019 - 2020

Date(s) on which programme conducted : 13 August 2019

Organizing unit : NCC unit of Deva Matha College in

association with Anugraha Charitable Trust

Number of teachers coordinated the programme : 1

Number of students participated in the programme : 20

#### **Brief Report**

The NCC unit of Deva Matha college and Anugraha Charitable Trust conducted a program to help the people suffering from the flood on 13<sup>th</sup> August 2019. Around 20 cadets participated in this distribution program. Cadets and Lt. Sathees Thomas's elegant guidance worked hard to make the distribution program a great success.



Essential commodities are distributing to the deserving.





#### **Reconstruction of a House**

Academic year : 2019 - 2020

Date(s) on which programme conducted : 28 July 2019

Organizing unit : NCC unit of Deva Matha College in

association with Anugraha charitable society

and Muthiyamma Sannada Sevakar

Number of teachers coordinated the programme : 1

The number of students participated in the program: 20

#### **Brief Report**

The NCC unit of Deva Matha college organized a house Reconstruction programme on 28<sup>th</sup> July 2019, to help an old widow named Rajamma Elukunnel suffering from poverty and poor living conditions. NCC cadets, Anugraha charitable society, and Muthiyamma Sannada Sevakar helped the poor widow by deconstructing her old house at the edge of collapse. Every NCC cadet enthusiastically participated in the programme under the elegant guidance of Lt. Sathees Thomas.



NCC cadets, Anugraha Charitable Society and Muthiyamma Sannadya Sevaks rebuilt the house which was on the verge of collapse.





#### **Medical Camp for Public**

Academic year : 2019 - 2020

Date(s) on which programme conducted : 20 July 2019

Organizing unit : NCC unit of Deva Matha College

in association with Janamaithri

police, Kuravilangad

Number of teachers who coordinated the programme : 1

The number of students participated in the programme : 25

#### **Brief Report**

On 20 July 2019, the NCC unit of Deva Matha College Kuravilangad and Kuravilangad Janamaithri Police conducted a free medical camp at St. Mary's G H S S Kuravilangad. The program's main aim was to give society free medical services. Camp dealt with three categories, Pediatrician, general doctors and eye specialists. Doctors corresponding to these three categories gave their service to patients for free. Around 160 patients were registered for the camp. The program was inaugurated by Vaikom DySP.



With the aim of providing free medical services to the community, the medical camp was conducted in three different categories.





#### **Blood Donation Camp at Deva Matha College**

Academic year : 2019 - 2020

Date(s) on which program conducted : 08/07/2019

Organizing unit : NCC unit of Deva Matha College in

association with Pala blood forum

Number of teachers coordinated the program : 2

Number of students participated in the program : 74

#### **Brief Report**

July 8, 2019 was a considerable day for Kuravilangad Deva Matha College NCC unit. Blood donation is very noteworthy in our society. The whole programme was led under the leadership of Lt. Sathees Thomas. The programme was co-organized by the Pala blood forum. The sincerity and dedication of the whole NCC unit are reflected in the programme.



NCC cadets and college students participated in the blood donation camp and made it a grand success.





#### **Population Awareness Rally**

Academic year : 2019 - 2020

Date(s) on which programme conducted : 8 July 2019

Organizing Unit : NCC unit of Deva Matha College

Number of teachers coordinated the programme : 2

Number of students participated in the programme : 76

#### **Brief Report**

An increase in population has many good and bad effects nowadays. But many of people are unaware about it's positive and negative impacts. So Kuravilangad Deva Matha College NCC unit initiated to conduct a population awareness rally on 8<sup>th</sup> of July 9 am. The rally was hosted by vice principal Rev.Fr. Dinoy Kavalammackal, in the presence of Lt. Sathees Thomas. Almost all the cadets took part in the rally.



Population awareness rally moved through the main city.



Capt. Sathees Thomas Cempany Commander 2/17, Kerala Bn. NCC Deva Matha College Kuravilangad, Kerala

#### **Drug Abuse Awareness Seminar**

Academic year : 2019 - 2020

Date(s) on which program conducted : 1 July 2019

Organizing unit : NCC unit of Deva Matha College in

association with the Anti-narcotics club and

Kuravilangad range excise department

Number of teachers coordinated the programme : 2

Number of students participated in the programme : 15

#### **Brief Report**

On 1 July 2019, NCC unit of Deva Matha College Kuravilangad along with NSS units & antinarcotics club, arranged a drug abuse awareness program as a part of Anti-Narcotics Day, celebrated on June 26<sup>th</sup>. The program was conducted with the help of the Kuravilangad Range Excise Department. The program was inaugurated by the Excise range officer of Kuravilangad, and Miss Preethi conducted the class about the demerits of drug abuse and took the oath.



The inauguration and awareness class was conducted on 1<sup>st</sup> July.



Capt. Sathees Thomas Company Commander 2/17, Kerala Bn. NCC Deva Matha College Kuravilangad, Kerala



Participants take a pledge during the Anti-narcotics day celebration.





#### Yoga Practice at the College

Academic year : 2019 - 2020

Date(s) on which programme conducted : 21 June 2019

Organizing Unit : NCC unit of Deva Matha College

Number of teachers coordinated the programme : 2

Number of students participated in the programme : 74

#### **Brief Report**

21<sup>st</sup> June is celebrated as international yoga day globally. This year also NCC cadets of Deva Matha College Kuravilangad organized and conducted a yoga practice on 21 June 2019, with the participation of each and every NCC cadet in the college. The yoga practice was organized to make the cadets mentally and physically fit. Every cadet participated in the program under the guidance of Lt. Sathees Thomas. The program started at 8 am, and about 74 cadets participated in the yoga practice. The program was held at the college auditorium. Prof Jobin was the Yogacharya. The college principal Dr. Jojo K Joseph inaugurated the program. The program was about 20 minutes. The cadets were provided with light refreshments after the program.



Inaugural ceremony of international yoga day





Cadets practice yoga in the college auditorium





#### **Blood Donation Camp at Pala Town Hall**

Academic year : 2019 - 2020

Date(s) on which program conducted : 14/06/2019

Organizing unit : NCC Unit of Deva Matha College in

association with Pala blood forum &

Department of Health

Number of teachers coordinated the program : 1

Number of students participated in the program : 25

#### **Brief Report**

The NCC unit of Deva Matha College Kuravilangad and the Department of Health and Pala blood forum organized a blood donation camp on world blood donation day, June 14<sup>th</sup>. The program was held at Pala town hall. About 25 NCC cadets participated in the program and donated their blood to the camp. The program was inaugurated by Fr Jacob Murickan, bishop of Pala. The programme was presided over by the municipal chairman Mr. Biju Jojo.



Blood donation camp at Pala town hall.





## National Service Scheme (NSS) Unit No. 12



## Deva Matha College Kuravilangad

Reports

2019-20



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamatha College
Kurastlangadu

| Sl.<br>No | List of Activities  |
|-----------|---|
| 1.        | E-Waste Collection Campaign in adopted village - 340 kg of e-waste collected  |
| 2.        | Three-Day Camp for First Year NSS Volunteers- Unarvu 2020   |
| 3.        | Green Protocol Zone maintenance at Kuravilangad Pallikkavala during the Moonunoyambu feast  |
| 4.        | Workshop on Making Eco-friendly Products from Waste Materials   |
| 5.        | Theenmela 2020 - Green Protocol Food festival   |
| 6.        | River cleaning initiative – Ini Njan Ozhukatte - cleaning the heavily littered 'valiya thodu'   |
| 7.        | Neighbourhood Youth Parliament Session for NSS Volunteers   |
| 8.        | Golden Jubilee Celebrations of NSS  |
| 9.        | E-waste collection drive - 200 kg was handed over for proper disposal   |
| 10.       | Cleaning drive at Government Hospital   |
| 11.       | Seven Day special camp at Govt. Higher Secondary School, Kadappoor  |
| 12.       | Screening of documentary on perils of atomic warfare  |
| 13.       | Plastic waste collection Drive  |
| 14.       | Library cleaning  |
| 15.       | Three-level Massive cleanliness programme - Interiors of the institution, the campus and a selected government institution in the adopted village |
| 16.       | Gandhiji@150 - Planted 150 trees on campus to observe the 150 <sup>th</sup> birth anniversary of Gandhiji   |
| 17.       | Anti-Narcotics Awareness class and screening of a short film  |
| 18.       | Mass Yoga Demonstration at the College  |
| 19.       | Observance of World Environment Day by planting medicinal trees on campus   |



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamatha College
Kurastlangadu

#### E-Waste Collection Campaign in adopted village - 340 kg of e-waste collected

Academic year : 2019-20

Date(s) on which program conducted : 07-02-20 to 09-02-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : General Public

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

#### A brief report on programme

#### E- Waste Collection Campaign in adopted village

#### ഇ-മാലിന്യങ്ങൾക്ക് വിടചൊല്ലി ഒരു പഞ്ചായത്ത് വാർഡ്

കുറവിലങ്ങാട്: കുറവിലങ്ങാട് ഗ്രാമപഞ്ചായത്തിലെ കോഴാ അഞ്ചാം വാർഡിൽ ഇനി ഇലക്ട്രോണിക് മാലിനൃങ്ങളുണ്ടാകില്ല. മാലിനൃങ്ങളെ പടിക്കു പുറത്തു നിറുത്താൻ തയാറെടുപ്പുകൾ സജീവമായി. ദേ വമാതാ കോളജ് എൻഎസ്എസ് യൂണിറ്റിന്റെ നേതൃത്വത്തിലാണ് പദ്ധതി നടപ്പിലാക്കുന്നതെന്ന് പഞ്ചായത്താഗാ ഷൈജു പാവുത്തി യേൽ പറഞ്ഞു. ഉപയോഗ ശൂനൃമായ ലാന്റ് ഫോൺ, മൊബൈൽ ഫോൺ, കാപ്യൂട്ടർ ഭാഗങ്ങൾ, യുപിഎസ്, ടിവി, ക്ലോക്ക്, വാച്ച്, കേ ബിൾ, ഫിലമെന്റ് ബൾബ്, ഇലക്ട്രോണിക് കളിപ്പാട്ടാ, ഡിവിഡി, എം പിത്രി, മ്യൂസിക് പ്ലെയർ മുതലായവ വോളന്റിയർമാർ വീടുകളിലെ ത്തി ശേഖരിക്കും.

നിലവിൽ മാലിനൃങ്ങൾ യൂസർ ഫീ വാങ്ങിയാണ് വീടുകളിൽനി ന്നും ഹരിത കർമ സേന ശേഖരിക്കുന്നത്. നാളെ രാവിലെ ഒമ്പതു മുതൽ നൂറിലധികം എൻഎസ്എസ് വോളന്റിയർമാർ വീടുകളിൽ നേരിട്ടെത്തി ഇ-വെയ്സ്റ്റ് ശേഖരിക്കാനാണ് തീരുമാനം. എൻഎ സ്എസ് പ്രോഗ്രാം ഓഫീസർമാരായ ആൽഫിൻ ചാക്കോ, പ്രസീത മാത്യൂ എന്നിവർ നേതൃത്വം നൽകും. പഞ്ചായത്ത് പ്രസിഡന്റ് പി.സി. കുര്യൻ ഉദ്ഘാടനം ചെയ്യും. പഞ്ചായത്തംഗം ഷൈജു പാവുത്തി യേൽ അധ്യക്ഷത വഹിക്കും.

News at Daily: Deepika

The NSS unit of DMC in association with the local self government of Kuravilangad and the wholehearted support of the ward member of the adopted village Mr. Shyju Pavuthiyel campaigned for E- Waste collection as a key activity of the three day camp in advance. The date and schedule of e-waste collection was published in newspapers well ahead of time. The Rotary Club chapter of Kuravilangad financially aided the collection drive. A small meeting was convened before the students started the collection of wastes from each house in Kuravilangad. Mr. P.C Kurian, Panchayath President, Mr. Shyju Pavuthiyel, Ward member and Programme officers saddressed the students gave directions. The volunteers were divided into 20 groups of five members and given an average of 15 houses for e-waste collection. The drive, first of its kind in the Panchayath, received oodles of support and welcome from every households. The students passed around brochures on FAQs about e- waste management while visiting. By 12: 30 pm the students completed the massive task by collecting a whopping 340 Kgs of electronic waste. The collected waste was handed over the next day to authorized e-waste management partners in Kottayam for further disposal.















NSS volunteers collecting e-waste from adopted village





E-waste collected by volunteers



News at Daily: Malayala Manorama



News at Daily: Mathrubhumi

Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamathe College Kurastlangedu

#### Three Day Camp for First Year NSS Volunteers - Unarvu 2020

Academic year : 2019-20

Date(s) on which program conducted : 07-02-20 to 09-02-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : NSS Volunteers

Number of teachers coordinated the program : 2

Number of students participated in the program : 97

#### A brief report on program

# Three Day Camp for First Year NSS Volunteers- Unarvu 2020



Inauguration of the 3-day camp

Unarvu 2020 – The Three Day Camp for First year NSS volunteers was conducted from February 07- 09, with the objective of evolving the students into empathetic, considerate and responsible volunteers. The college Principal, Dr. Jojo K Joseph inaugurated the camp at 5.00 pm on 07-02-20. There were 97 participants in the camp and was guided by the programme officers. After the inauguration, an Ice Breaking session followed and led by senior NSS volunteer and Pre- Republic Day Camp participant Mr. Amal Jayakumar. The volunteers were divided into separate groups as per the conventions to take up the responsibilities in the camp. After dinner, the volunteers were briefed on the rules and regulations in the camp along with its schedule.



Students at the camp

**08-02-2020**- Second Day of the camp began at 6.00 am with Yoga in the college auditorium. University Yoga Champion of the college and senior NSS volunteer, Mr. Neville served as the Yoga master for the camp and led the volunteers to practice various asanas. The Yoga session was followed by camp assembly. The day

officer guided the assembly. After flag hoisting, camp report and message of the day, Programme officer Mrs. Praseedha Mathew spoke to the volunteers about the activities of the day. The morning session included E-waste collection campaign in the adopted village (ward V-Kuravilangad Grama panchayath) from 09.00 am to 12.00 pm covering 300 houses.



Students taking part in various activities of the camp

The camp restarted after the lunch break at 2.00 pm for a session titled *Team Building* by Mr. Mobin John Sebastian, HR Elcare Systems Cochin. The activity oriented session helped students realize the importance of role playing in a team.



Team building exercise



The final session of the second day was led by Mr. Ajith P.C, Resource person of ASAP & Kudumbasree projects. His session was on Personality Building through social service as envisioned in NSS objectives. Through experiences and games the students were motivated to engage in service oriented activities.



Session on personality building

Third day 09-02-20- began the day with Yoga and assembly. After breakfast students cleaned the college premises. The camp was dispersed by 12.00 pm.



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamatha College
Kurastlangadu

# Green Protocol Zone maintenance at Kuravilangad Pallikkavala during Moonunoyambu feast

Academic year : 2019-20

Date(s) on which program conducted : 04-02-20 to 05-02-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with the Green Mission office of Kottayam district and Grama Panchayath of

Kuravilangad

Beneficiaries : General Public

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on programme

Moonunoyambu is the most significant feast of St. Mary's Forane Church Kuravilangad which brings several thousands of people in each day of the feast. In association with the Green Mission office of Kottayam district and Grama Panchayathu of Kuravilangad, the NSS unit of DMC participated in the maintenance of green protocol zone at Pallikkavala in Kuravilangad. The NSS volunteers disseminated the message of ban on plastic usage in the zone and helped people to deal with plastic waste.











Green protocol zone

Mr. Alphin Chacko

Aylel

Programme Officer
National Service Scheme
Devamatha College
Kurastlangasu

# Workshop on Making Eco-friendly Products from Waste Materials

Academic year : 2019-20

Date(s) on which program conducted : 18-Jan-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with NSS unit of St Marys College, Manarcad

Beneficiaries : NSS Volunteers

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

### A brief report on program

In collaboration with the NSS unit of St. Marys College Manarcadu, DMC NSS unit arranged a one day workshop on turning waste materials into useful eco-friendly products. A group of 10, including the programme officers and NSS volunteers of St. Mary's College gave hands-on training on the making of eco-friendly paper pens from old magazines, mats from waste cloths, cloth bags from old rags, decorative and fancy items from old bottles etc. the workshop accentuated the idea of waste management and green protocol among NSS volunteers.





Workshop on making eco-friendly products

Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Office?
National Service Scheme
Devamatha College
Kurastlangadu

# Theenmela 2020 - Green Protocol Food festival - as part of Youth Day celebrations - The fund raised from the programme was used for anti-narcotic awareness programmes on the campus

Academic year : 2019-20

Date(s) on which program conducted : 14-Jan-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

#### A brief report on program

#### Green Protocol Food festival - Theenmela 2020 -

An indigenous food festival was conducted by NSS unit to celebrate Youth Day by following Green protocol in all stages of the programme. Plastic products were replaced by using steel plates and glasses, banana leaves etc. the fund raised from the programme is to be used for anti narcotic awareness programmes in the campus. The agenda of the food fest highlighted healthy food habits among youth.





Inauguration of the food fest







Students at the food fest

Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangadu

# River cleaning initiative - Ini Njan Ozhukatte - Cleaning the heavily littered 'valiya thodu'

Academic year : 2019-20

Date(s) on which program conducted : 30-Dec-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with Local self-government of

Kuravilangad

Beneficiaries : Students of Deva Matha College & General Public

Number of teachers coordinated the program : 2

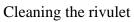
Number of students participated in the program : 22

# A brief report on programme

The NSS unit of Deva Matha College Kuravilangad collaborated with the Local self-government of Kuravilangad in the river cleaning initiative named *Ini Njan Ozhukatte*. As part of the project, the NSS volunteers helped cleaning the heavily littered 'valiya thodu'- main rivulet- which was the sole source of paddy fields in the area for agriculture erstwhile. Plastic waste was collected from the rivulet first, and the riverside bushes were correctly pruned. The programme was inaugurated by MLA Sri. Mons Joseph.









Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangadu

# **Neighbourhood Youth Parliament Session for NSS Volunteers**

Academic year : 2019-20

Date(s) on which program conducted : 5-Oct-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with Nehru Yuva Kendra Kottayam

Beneficiaries : NSS Volunteers

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on the programme

#### **Neighbourhood Youth Parliament Session for NSS Volunteers**

In association with Nehru Yuva Kendra Kottayam, the NSS Unit of Deva Matha College Kuravilangad conducted a mock parliament session on October 5 Saturday in college. Kerala State Legal Service Society resource person Sri. Joseph T.K, Retd. Prof. was the resource person of the day. Smt. Anitha Raju, District Panchayath Member inaugurated the seminar and addressed the gathering. After the inauguration session, the students were given a first-hand experience of the events in parliament through a very active session.



Inauguration of the event





Students at youth parliament session



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangastu

#### **Golden Jubilee Celebrations of NSS**

Academic year : 2019-20

Date(s) on which program conducted : 24-Sep-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on programme

# September 24- Golden Jubilee Celebrations of NSS

The golden jubilee Year of the establishment NSS was celebrated by the NSS unit of Deva Matha college on 24 September. The NSS unit organized a golden jubilee rally from the college campus to Kuravilangad town at 9.00 am. The volunteers rallied with placards containing the objectives of NSS were a grand spectacle for the people in town and effectively conveyed the message of golden jubilee celebrations.



College Vice Principal Rev. Dinoy Mathew Kavalammakkal flagging off the rally from college











Rally at the Kuravilangad town

The rally came back to the college by 10.00 am and the NSS volunteers assembled in the E- Learning centre of the college for a special gathering of previous NSS Programme officers. The meeting intended to offer a platform for the current NSS volunteers to understand and get familiarized with the great service of the decades old NSS unit of the college. The meeting began with the programme officer Mr. Alphin Chacko welcoming the august gathering. The College instituted its first NSS unit in 1971 and has won the best NSS unit award three times so far. The college principal Dr. Jojo K. Joseph honoured the guest with 'Ponnada'. After the honouring, it was the turn of the previous programme officers to share their experiences with the students.











Figure 1





Honoring the previous programme officers



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamatha College
Kurastlangadu

#### E-waste collection drive

: 2019-20 Academic year

Date(s) on which program conducted : 22-Aug-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 80

# A brief report on program

The NSS unit of Deva Matha College conducted a drive to collect e-waste in the campus from departments and laboratories. The collected waste amounting to 200 kg was handed over to a district vendor dealing with electronic waste.





Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangagu

# **Cleaning drive at Government Hospital**

Academic year : 2019-20

Date(s) on which program conducted : 15-Aug-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha college & general public

Number of teachers coordinated the program : 2

The number of students participated in the program : 10

# A brief report on the programme

Aug- 15- Independence Day- The NSS unit celebrated Independence day along with the NCC unit of the college in Aug 15 by flag hoisting in the college campus. The college vice principal, Fr. Dinoy Kavilanmakkiyil hoisted the flag and delivered the message of the day

**Aug-15** – **cleaning Drive at Government Hospital Kuravilangad-** As part of the third level cleaning programme in Swatchata Week, the NSS unit of DMC undertook a cleaning drive at the Government Hospital Kuravilangad. The premises of the hospital and general wards were cleaned by the NSS volunteers.







NSS volunteers cleaned the Government Taluk Hospital, Kuravilangad



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme

Devamatha College Kurastlangadu

# Seven Day special camp at Govt. Higher Secondary School, Kadappoor

Academic year : 2019-20

Date(s) on which program conducted : 06-08-19 to 12-08-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : NSS Volunteers

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on program

# **NSS Camp Report**

The Seven Day Special Camp of NSS unit number 12, Deva Matha College Kuravilangad, **Suwarnnam2019** was conducted at Govt. H.S.S. Kadappoor from 06-09-2019 to 12-09-2019. The main objectives of the special camp were:-

- 1. Suchitwa Mission Haritha Gramam Suchitwa Gramam,
- 2. Reconstruction of Kerala
- 3. Cleanliness campaign titled Valicheriyal Vimukta Campus, Gramam, Nagaram...
- 4. Cleanliness Awareness Programs Hands on training on making paper carry bags
- 5. Personality Development Classes
- 6. Leadership Seminars
- 7. Onam celebrations
- 8. Debates & Discussions



# Day 1, 06-09-2019, Friday

#### **INAUGURATION**



Inauguration of the camp

The registration desk started functioning at 3:30 pm at Government H.S.S. Kadappoor. The inauguration ceremony commenced at 5:00 pm. The ceremony opened with volunteers' harmonious rendition of the NSS anthems. Mrs. Praseedha Mathew, the NSS Program Officer welcomed the chief guest and other dignitaries. The presidential address was delivered by Shri. Divakaran Kappilorathu, Kanakkari Panchayath Ward Member. The camp was inaugurated by Shri. Binoy P. Cherian, Kanakkari Panchayath President. The keynote address was given by Shri. Zacharias Kuthiravellil, Chairman Health Education Standing committee. The meeting was enlightened with the words of our College Principal, Dr. Jojo K. Joseph, Shri. Shaji Mathew(Principal, Govt. HSS, Kadappor), Fr. Dinoy Mathew(Vice-Principal, Deva Matha College), and Sri. Adv. A. K. Babu(PTA President, Govt H.S.S. Kadappoor). Adarsh P. Pradeep, volunteer secretary of the NSS unit thanked all the dignitaries.



Ice breaking session by Mr. Subin Varghese



Soon after the inauguration, the Ice breaking session was conducted by Mr.Subin Varghese, Asst. Prof. Deva Matha College. He broke the comfort zones and limits existing among the volunteers and prepared themselves for the camp through various activities. The volunteers were divided into six groups and ex-volunteer secretary assigned the duties for them. After the dinner, the program officer's gave the general directions to be followed in the camp.



Ice-breaking session

# Day 2, 07-09-2019, Saturday

# **Beginning of the Cleanliness Campaign**

The second day was begun with yoga, instructed by Master Nevil George, leader of the college yoga team. Later by 7:15 am the activities of the day began with the assembly. The assigned volunteers from the designated group presented the thought of the day, news of the day, camp news, camp report, etc. The instructions and the duties of the day were given by the programme officer to the volunteers.





Volunteers taking pledge

One of the main objectives of the seven day camp of the year was to join with the activities of Suchitwa Mission. As part of this, the forenoon session of the first two days, from 9:00 am to 12:30 pm the volunteers cleaned the surroundings of the camp site, Govt. H.S.S. Kadappoor. One group was assigned with kitchen duty. Other five groups were given different areas for cleaning. Each group was provided with the required

tools by the tools committee. All the groups completed their respective duties within the assigned time periods plastic waste littered around was collected and it was segregated from biological wastes and was disposed separately.



Cleaning drive at the camp site

The cleanliness mission undertaken by the NSS unit of Deva Matha College Kuravilangad was designed to implement the project on three different phases.

- a. Conducting awareness programmes on waste management
- b. Cleaning the areas using man power, segregating and disposing the waste systematically.
- c. training on a plastic free- sustainable life style-

The cleaning campaigns students undertake during the morning sessions in the camp focused on the first phase of the cleanliness campaign. The afternoon session began at 2:30 pm was engaged by Mr. Bijeesh P. Biju, former volunteer secretary. The session was titled as *Alternatives to plastic Products*. This was a hands on training session for the students on making quality paper bags that can be used in various purposes. The selected members from different groups were trained initially by the resource person and the trained group passed on the method to the larger group. A number of 250 paper bags were made by the students in two consecutive sessions of the same resource person. A group of volunteers started writing unique slogans emphasizing the necessity of a plastic free lifestyle. Adv. Mons Joseph M.L.A. visited the camp and inaugurated paper bag mission by 4 p.m. meanwhile another group of students were writing pamphlets showing the university's key concepts of the cleanliness campaign. The paper bags and the handwritten pamphlets were made to distribute to the people of Kadappoor Grama Panchayathu on the day the students visit them for spreading the cleanliness campaign. The day ended with cultural programs.





Training on paper bag making

# Day 3, 08-09-2019

Volunteers welcomed a new day with Yoga under the guidance of Yoga master Nevil George of Deva Matha College. The assembly was held at 7:15 and the procedures were followed.

The day's task was the completion of the cleaning process in the school campus initiated the previous day. Work was divided among the various groups and each of them completed their respective tasks assigned by noon. The school compound was thoroughly cleaned, waste collected was segregated and disposed separately. Also, the road to the school which had been muddy was made convenient for easy conveyance.





Cleaning the school campus

The afternoon session was led by Mr.Sasi Kadapoor, the Chief Editor of Nature Hygiene on 'Gender Sensitization'. He spoke of the need for women to cast off all the shackles of life and tide over all obstructions & conventional norms that society formulated. The session was followed by Mr. Mathew P.C. w, the EO of Kanakkary Panchayath on Plastic Free Panchayath. He made the volunteers well aware of the need to properly segregate and dispose plastic effectively leaving behind no harmful residues. He also made the volunteers aware of the attitude of the common village commune towards plastic waste management and possible responses the volunteers might encounter during their surveys. Added to this was the VEO's tip to tackle such issues and make the villagers know about the problems of plastic waste disposal when left unattended. The session was followed by cultural programmes.



# Day 4, 09-09-2019

The day began with March-past in the school and it was a first time experience for many volunteers. The assembly took place at the same time and the procedures were followed thoroughly.

The fourth day witnessed the most important initiative that volunteers took which was the execution of the 'Haritha Gramam Suchitwa Gramam' mission .Infact minimizing plastic use and encouraging in doing the same was the prime objective. Volunteers visited homes in the locality along with the paper bags and the awareness leaflets they made during the past days. Meanwhile, they also took surveys on the ways the villagers in the neighbourhood disposed their plastic wastes. The entire group of volunteers returned by noon.



The afternoon session was lead by Mr.chris Bastin Tom who is the Programme Officer of the National Service Scheme at SN College Of Advance Studies, Mezhuveli. He took the class on debates and fostered the volunteers' abilities to raise questions and address issues. The session was followed by Mr.Babu Shanker who is an Asst. professor at the St. Joseph's College Of Engineering, Choondacherry. He spoke about the importance of Team Building and the need & necessity to remain together as a team to address issues and to excel against all odds of life. He also encouraged the students with games and activities. The session was followed by cultural programmes.

Day 5

10-09-2019

#### Tuesday

The blissful fifth day was started by Yoga. After assembly the volunteers had their breakfast. The work of the day was cleaning the premises of the Govt. PHC Kudalloor. By 9:00 am the volunteers assembled at the work place and started their work. At the work place the volunteers were visited byMG University NSS Programme coordinator Prof. M. J. Mathew. He delivered the message on the basis of the life style of NSS volunteers. And he invited everybody to the Golden Jubilee gathering of NSS.



Cleaning drive at PHC Koodalloor

The afternoon session was engaged by Mr. Dileep Kaithakal, psychologist. The resource person spoke about the power of mind and the ways to achieve success. That was an activity oriented session. The session was followed by Mr. Luke Leon Kurian, Asst. Prof BCM College Kottayam, on the topic First Aid: An Essential Life Skill. He explained and corrected the wrong practices of First Aid. And the day was concluded by cultural programs.

Day 6

11-09-2019

Wednesday

#### **Onam Celebrations**

The Onam morning was started with a football match. After the assembly and breakfast, volunteers gathered for cultural programs. Since it was Onam everybody dressed up traditionally. Volunteers collected flowers from the near by houses and arranged a beautiful 'athapookkalam'. The forenoon was made memorable by thiruvathira, onapattu, malayalimanka-purusha kesari competition, and folk song. Since Onam is the celebration of togetherness, volunteers made 'Onasadhya' & 'payasam' and had it together.

The afternoon was dedicated for games. Games like lemon spoon race, candle race, fill the bottle, uriyadi, rusk bite, etc., were conducted on the basis of groups and everyone enjoyed it. In the evening volunteers assembled in the auditorium for an Experience Sharing by former Programme officer Dr.T.T.Michael and former volunteer secretary George sir. Everyone actively listened and acquired knowledge about old NSS days. The session was followed by the experience sharing of the volunteers about the camp.



Games as part of onam celebrations

Day 7 12-09-2019

**Thursday** 

ValedictorySession



As usual the last day of the camp began with yoga which was followed by assembly. After packing and final round cleaning the volunteers assembled at the auditorium for the Valedictory Session. Smt. Anita Jayamohan, ward member was the chief guest. Best camper, best male & female workers, and best groups were awarded during the ceremony. By 1:00 pm the camp came to an end.



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangagu

# Screening of documentary on perils of atomic warfare

Academic year : 2019-20

Date(s) on which program conducted : 6-Aug-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 45

# A brief report on the programme

Hiroshima day was observed by a gathering of the NSS volunteers on Aug 06 in the Multi-media room of the college. The programme was started by a recital of the poem titled *Hiroshima Remembered*, by Prof. Sachidanandan. A documentary on the perils of the atomic bomb attack was screened in the meeting. The students talked about the unending chaos of atomic warfare and presented the posters they prepared in groups against atomic warfare.



Students at atomic warfare awareness programme

Karayana na h

Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamathe College
Kurastlangsau

#### **Plastic waste collection Drive**

Academic year : 2019-20

Date(s) on which program conducted : 4-Aug-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

#### A brief report on programme

NSS volunteers collected plastic waste from the adopted village (ward 5) of Kuravilangad Gramapanchayat and from the college campus. Plastic waste collected was handed over to Gramapanchayat officials for proper disposal.





Plastic waste segregated

Ms. Praseedha Mathew

Mr. Alphin Chacko

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Programme Officer
National Service Scheme
Devamatha College
Kurastlangasu

# Library cleaning

Academic year : 2019-20

Date(s) on which program conducted : 02-08-19 to 10-08-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on the programme

NSS Volunteers cleaned and arranged the college library



NSS volunteers cleaning the library



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer

National Service Scheme
Devamatha College
Kurastlangastu

# Three Day Camp for First Year NSS Volunteers - Unarvu 2020

Academic year : 2019-20

Date(s) on which program conducted : 07-02-20 to 09-02-20

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : NSS Volunteers

Number of teachers coordinated the program : 2

Number of students participated in the program : 97

#### A brief report on program

# Three Day Camp for First Year NSS Volunteers- Unarvu 2020



Inauguration of the 3-day camp

Unarvu 2020 – The Three Day Camp for First year NSS volunteers was conducted from February 07- 09, with the objective of evolving the students into empathetic, considerate and responsible volunteers. The college Principal, Dr. Jojo K Joseph inaugurated the camp at 5.00 pm on 07-02-20. There were 97 participants in the camp and was guided by the programme officers. After the inauguration, an Ice Breaking session followed and led by senior NSS volunteer and Pre- Republic Day Camp participant Mr. Amal Jayakumar. The volunteers were divided into separate groups as per the conventions to take up the responsibilities in the camp. After dinner, the volunteers were briefed on the rules and regulations in the camp along with its schedule.



Students at the camp

**08-02-2020**- Second Day of the camp began at 6.00 am with Yoga in the college auditorium. University Yoga Champion of the college and senior NSS volunteer, Mr. Neville served as the Yoga master for the camp and led the volunteers to practice various asanas. The Yoga session was followed by camp assembly. The day

officer guided the assembly. After flag hoisting, camp report and message of the day, Programme officer Mrs. Praseedha Mathew spoke to the volunteers about the activities of the day. The morning session included E-waste collection campaign in the adopted village (ward V-Kuravilangad Grama panchayath) from 09.00 am to 12.00 pm covering 300 houses.





Students taking part in various activities of the camp

The camp restarted after the lunch break at 2.00 pm for a session titled *Team Building* by Mr. Mobin John Sebastian, HR Elcare Systems Cochin. The activity oriented session helped students realize the importance of role playing in a team.





Team building exercise

The final session of the second day was led by Mr. Ajith P.C, Resource person of ASAP & Kudumbasree projects. His session was on Personality Building through social service as envisioned in NSS objectives. Through experiences and games the students were motivated to engage in service oriented activities.



Session on personality building

Third day 09-02-20- began the day with Yoga and assembly. After breakfast students cleaned the college premises. The camp was dispersed by 12.00 pm.



Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer
National Service Scheme
Devamatha College
Kurastlangadu

G7-

# Gandhiji@150 - Planted 150 trees on campus to observe the 150th birth anniversary of Gandhiji

Academic year : 2019-20

Date(s) on which program conducted : 9-Jul-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

#### A brief report on the program



The MG university flagship programme of the year, Gandhiji@150 is duly planned and implemented by the NSS unit of Deva Matha College Kuravilangad. The NSS unit started planting saplings of varied trees in the campus by the second week of July once the monsoon started. The trees included indigenous mango trees, varieties Jackfruit trees, medicinal trees etc. it was important to disseminate the ideology of planting trees to the student community; hence, a formal meeting to inaugurate the programme was also conducted on 09-07-19. The chief guest of the meeting was a prominent ecological activist and distinguished farmer Sri. Plavu jayan whose efforts were instrumental in choosing Jackfruit tree as the national tree of the state. the chief inaugurated the programme of Gandhiji@150 by planting a sapling of *Thamara Chakka* in the campus. While delivering the speech Plavu Jayan talked about the necessity of planting the indigenous trees in our locality for the sustainment of ecological balance. The speaker is the recipient of the National Plant Genome Savior Award of the year 2019. He alsp promotes the cultivation of indigenous jackfruit varieties by making new saplings from quality seeds rather than artificial methods like budding or grafting.





Official inauguration of planting of trees



Ms. Praseedha Mathew

Ms. Alakin Charles Auddin

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangadu

## Anti-Narcotics Awareness class and screening of short film

Academic year : 2019-20

Date(s) on which program conducted : 26-Jun-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with the Excise Department of

Kuravilangad division & Antinarcotics club of the

College

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

### A brief report on program



Brochure of the programme

June 26- Antinarcotics Day- The Anti-narcotics day, June 26, was observed to disseminate awareness against drug abuse among college students by Deva Matha NSS unit. In collaboration with the Antinarcotics Club of the college, the NSS unit sought the expertise of the Excise Department to lead the awareness session. Excise Inspector of Kuravilangad division, Sri. P. A. Benny delivered the presidential address to the students. The session was followed by a multimedia awareness class by Excise official Priya K. A short film with a message against drug abuse was screened after the class. The NSS volunteers took the oath against drug abuse along with the resource persons at the close of the session.





Officials from Excise Department led the sessions



Ms. Praseedha Mathew

Mr. Alphin Chacko Programme Officer National Service Scheme Devamethe College Kurastlangagu

## Mass Yoga Demonstration at the College

: 2019-20 Academic year

Date(s) on which program conducted : 21-Jun-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad in

association with Yoga Club of Deva Matha College

: Students of Deva Matha College Beneficiaries

Number of teachers coordinated the program : 2

Number of students participated in the program : 100

# A brief report on programme

The NSS unit of Deva Matha College has observed International Yoga Day with the association of the University Yoga champions of the Deva Matha Yoga Team by conducting a mass Yoga demonstration at the college auditorium. The college Yoga team coach, Yogacharya Sri. Jobin Chamakkala (Asst. Prof. Dept. of Malayalam, DMC) has led the live demonstration. 78 NSS volunteers took part in the programme.



Yoga demonstration at the college auditorium

Myles Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangagu

# Observance of World Environment Day by planting medicinal trees on campus

: 2019-20 Academic year

Date(s) on which program conducted : 5-Jun-19

Collaborating agency inside or outside the institute : NSS unit of Deva Matha College, Kuravilangad

Beneficiaries : Students of Deva Matha College

Number of teachers coordinated the program : 2

Number of students participated in the program : 30

# **Brief Report**

The NSS unit observed the World Environment Day by planting five medicinal trees in the campus. The principal inaugurated the observance by planting the first sapling along with the volunteers.



Dr. Jojo K Jseph planting a sampling of medicinal trees in the campus

Ms. Praseedha Mathew

Mr. Alphin Chacko

Programme Officer National Service Scheme Devamatha College Kurastlangagu

# Women's Forum

# **Report 2019-20**

| Sl. No | Name of Activity   |
|--------|--|
| 1.     | Online Skill Test  |
| 2.     | A big salute to Covid Volunteers: Acknowledging Covid Front line workers |
| 3.     | Women's Day Celebration: Prize distribution                              |
| 4.     | Card-Making Competition on Gender Equity                                 |
| 5.     | Hand Embroidery and Fabric Painting Course                               |
| 6.     | Legal Awareness Programme  |

Dr. Brincy Mathew Bonny Methol.

Ms. Sandra George

Dr. Fancy Paul



#### **Online Skill Test**

Academic year : 2019-20

Date(s) on which programme was conducted : 24/5/2020

Organizing / Collaborating agency : Women's Forum

The number of students participated in the program : 19

#### **Brief Report**

The Women's Forum of Deva Matha college in association conducted an ONLINE SKILL FEST. The ONLINE SKILL FEST was for the students of Deva Matha college. Students showcased their skills in sewing, and embroidery, animation and fashion designs etc. Dr.Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian co-ordinated the programme. 19 students participated in the program.



Brochure of the programme



'rize distribution of online skill test

Dr. Brincy Mathew

Bonny Metho

Ms. Sandra George

Dr. Smitha Sebastian

Dr. Fancy Paul

# A big salute to Covid Volunteers: Acknowledging Covid Front line workers

Academic year : 2019-20

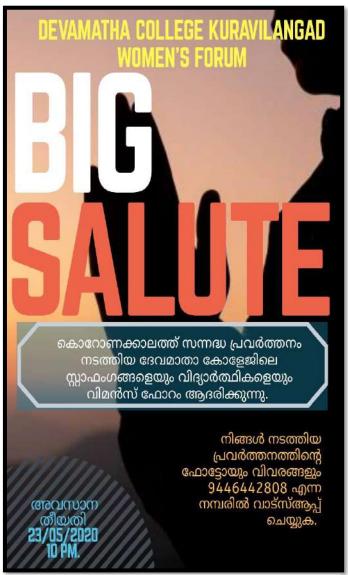
Date(s) on which programme was conducted : 23/5/2020

Organizing / Collaborating agency : Women's Forum

The number of students participated in the program : 16

## **Brief Report**

The Women's Forum of Deva Matha appreciates courageous volunteer student workers on the frontline in a time of deadly COVID -19. The students made efforts to ensure food and other relief material distribution and social distancing in crowded areas. They provided them with face masks, sanitisers, and bottled drinking water.Dr. Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian co-ordinated the programme. 16 students participated in the program.



Brochure of the programme





The Women's Forum acknowledges the efforts of the students who volunteered to work as frontline Covid workers.



Dr. Brincy Mathew

Ms. Sandra George

Dr. Fancy Paul

# Women's Day Celebration

Academic year : 2019-20

Date(s) on which programme was conducted : 7/3/20

Organizing / Collaborating agency : Women's Forum

The number of students participated in the program : 59

# **Brief Report**

The Women's Forum of Deva Matha College Celebrated Women's Day on 7/3/20. Dr. Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian coordinated the programme. 59 students participated in the program. Prizes were distributed to staff and students.



Ms. Anu P Mathew & Ms. Jyothi V Mani Received the prizes.

Dr. Brincy Mathew

Bonny Metho

Sandra

Ms. Sandra George

Dr. Fancy Paul

# **Card-Making Competition on Gender Equity**

Academic year : 2019-20

Date(s) on which programme was conducted : 4/3/2020

Organizing / Collaborating agency : Women's Forum

Beneficiaries : Students

The number of students participated in the program : 21

Ms. Sandra George

#### **Brief Report**



Brochure of the Programme

#### **Brief Report**

The Women's Forum of Deva Matha college conducted a CARD MAKING Competition based on the topic 'Gender Equality'. The Competition was for the students of Deva Matha college. Dr.Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian co-ordinated the programme. 21 students participated in the program.



# **Hand Embroidery and Fabric Painting Course**

Academic year : 2019-20

Date(s) on which programme was conducted : 1-2-20 to 29-2-20

Organizing / Collaborating agency : Women's Forum in association with United Fabric

Design Studio Koothattukulam

Beneficiaries : Students

The number of students participated in the program : 39

# **Brief Report**

The Women's Forum of Deva Matha college conducted Hand Embroidery and Fabric Painting Course tied up with UNITED FABRIC DESIGN STUDIO Koothattukulam. The Course was for the students of Deva Matha college. Dr.Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian co-ordinated the programme. 39 students participated in the program (Boys-3, Girls-36). Trainer of the course was -Mrs. Leena Mathew, Class dates: 1/2/2020,28/2/20,29/2/20.





Students participating in the programme

Dr. Brincy Mathew

Ms. Sandra George Sandra

Dr. Fancy Paul

#### **Legal Awareness Programme**

Academic year : 2019-20

Date(s) on which programme was conducted : 15/1/2020

Organizing / Collaborating agency : Women's Forum in association with Anti-

Harassment Cell

Beneficiaries : Students

The number of students participated in the program : 57

#### **Brief Report**

**Legal Awareness Programme** organized by Women's Forum in association with Anti-Harassment Cell, on 15/1/2020, by Dr. Jasmine Alex, Assistant Professor, School of Indian Legal Thought, Mahatma Gandhi University, Kottayam. The **Legal Awareness Programme** was for the students of Deva Matha college. Dr. Brincy Mathew, Ms. Sandra George, Sr. Dr. Fancy Paul and Dr. Smitha Sebastian co-ordinated the programme.



Dr. Jasmine Alex is leading the session

Dr. Brincy Mathew

Ms. Sandra George Sandra

Dr. Fancy Paul